

CURRICULUM VITAE

Samantha A. Rodman, Ph.D.

Business Address:

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Birth Place: February 17, 1981; Brooklyn, New York

Licensure: Maryland #04779, March 21, 2011

EDUCATIONAL HISTORY:

July 2008- July 2009 **Charleston Consortium**, Charleston, South Carolina
Internship, General Track

August 2004- July 2009 **University of Maryland**, College Park, Maryland
Doctoral Program in Clinical Psychology
M.A. received December 2006
Ph.D. received July 2009

Master's Thesis *The Effects of Social Support and Sensitivity to Social Distress on*
Defended December 2006 *Smoking Outcome in College Self-Quitters*

Dissertation *Mechanisms Underlying Difficulties in Intimate Relationships in Borderline*
Defended July 2008 *Personality Disorder: The Roles of Fear of Positive Evaluation and Fear of*
Abandonment

Fall 1999- May 2003 **Columbia University**, Columbia College, New York, New York
Bachelor of Arts, Major: Psychology, Concentration: Sociology

HONORS:

Fellowship, University of Maryland Department of Psychology (2004-5)
Graduated Cum Laude, Columbia University (2003)
Dean's List, Columbia University (Fall 1999-Fall 2002)
Robert C. Byrd Scholarship for Academic Excellence (1999-2003)

CLINICAL EXPERIENCE:

August 2009- **Samantha Rodman PhD, LLC**
present **Clinical Psychologist**
Conduct individual and couples therapy with general mental health clients, using a range of cognitive behavioral, emotion-focused, insight-oriented, and interpersonal techniques.

July 2008- **Charleston Consortium Internship Program**, Charleston, South Carolina

July 2009**Intern**

- **Department of Veterans Affairs**
 - **PTSD Clinical Team**
 - Conducted individual and group therapy with veterans diagnosed with post-traumatic stress disorder (PTSD) using cognitive behavioral techniques, including prolonged exposure and behavioral activation.
 - Created and led cognitive therapy group for veterans with PTSD and depressive symptoms, which addresses cognitive distortions and reframing maladaptive thoughts.
 - Created job skills training group
 - **Substance Abuse Treatment Center**
 - Ran interpersonal process and cognitive behavioral groups targeted to veterans with substance abuse disorders in intensive outpatient program.
 - Conducted individual therapy
 - Helped to create and implement smoking cessation treatment program for veterans, using motivational interviewing and behavioral activation techniques.
 - Conducted smoking cessation groups on inpatient ward.
 - **Couples Clinic**
 - Conducted cognitive behavioral couples co-therapy with veterans and spouses
- **National Crime Victims Center**
 - **Community Outreach Program- Esperanza**
 - Conducted trauma-focused CBT with children in the community who have barriers to coming in to clinic
 - Assessed and treated PTSD and other disorders related to exposure to physical and sexual abuse and neglect
 - **Community Outreach Program- Domestic Violence**
 - Assessed and treated women who experienced domestic abuse, sexual assault, and other traumas
 - Utilized prolonged exposure and other cognitive behavioral techniques

**May 2008-
July 2008****The Family Center, Falls Church, Virginia****Extern**

Conducted individual therapy and psychodiagnostic assessment for general mental health clients in group practice setting.

**July 2007-
July 2008****University of Maryland Mental Health Center, College Park, Maryland****Extern**

Conducted individual therapy, intakes, and exit interviews for substance-use and general mental health clients, including students receiving court-mandated treatment for substance-related offenses. Utilized motivational interviewing, cognitive-behavioral, and interpersonal techniques.

**May 2007-
June 2008****Center for Addiction, Personality, and Emotion Research, College Park, Maryland**
Therapist

Conducted brief acceptance-based intervention as well as DBT-based distraction skills intervention for survivors of unwanted sexual encounters in treatment outcome study.

**June 2005-
May 2008**

University of Maryland Psychology Clinic, College Park, Maryland
Graduate Therapist

Conducted therapy, using techniques drawn from cognitive-behavioral, interpersonal, and mindfulness- and acceptance-based approaches (e.g., Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, Functional Analytic Psychotherapy). Conducted neuropsychological evaluations.

**September 2007-
December 2007**

University of Maryland Psychology Clinic, College Park, Maryland
Peer Supervisor

Supervised fellow graduate student's individual therapy case, using videotape review. Discussed case conceptualization and helped create treatment plan.

**April 2006-
May 2007**

Center for Addiction, Personality, and Emotion Research, College Park, Maryland
Smoking Group Therapist

Conducted therapy for depressed smokers for treatment-outcome study on behavioral activation. Co-led therapy in both experimental and supportive therapy conditions.

RESEARCH EXPERIENCE:

**July 2008-
Aug 2009**

Charleston Research Institute, Department of Veterans Affairs, Charleston, SC
Research Assistant

Assist in development of treatment-outcome grant on telepsychiatry versus in-person behavioral activation treatment for veterans with subclinical PTSD. Help with literature review for grant on treatment of military sexual trauma. In conjunction with Dr. Ron Acerno, write treatment-outcome grant for behavioral activation treatment for depressed veterans who want to quit smoking.

**August 2004-
June 2008**

University of Maryland Psychology Department, College Park, Maryland
Research Assistant, Center for Addiction, Personality, and Emotion Research (CAPER)

Scheduled and screened participants for studies. Participated in weekly lab meetings focusing on addictive, impulsive, and mood disorders. Administered interviews and questionnaire and behavioral measures (e.g., distress tolerance tasks) to participants, and conducted physiological assessment (e.g., heart rate variability, blood pressure, biochemical verification of smoking status).

**August 2004-
September 2007**

University of Maryland Psychology Department, College Park, Maryland
Project Director, Behavioral Activation Treatment-Smoking (BAT-S) Grant, CAPER

Designed protocol for grant, edited treatment manuals, acted as liaison with medical support staff. Supervised participant recruitment efforts, research assistant training, and data management. Administered interviews and questionnaire measures to participants, and supervised research assistants on assessment.

**August 2003-
January 2004**

Columbia University Psychology Department, New York, New York
Field Coordinator of "Study Smart" Program

Met with teachers and principals to discuss and schedule tutoring interventions in ten NYC-area public junior high schools, administered questionnaire measures in classrooms, collected data, created and presented study skills lessons in classrooms. Recruited, trained, and supervised staff of research assistants and tutors. Carol Dweck's research on intelligence.

TEACHING EXPERIENCE:

**September 2007-
May 2008** **University of Maryland**, College Park, Maryland
Teaching Assistant
Led multiple discussion sections for undergraduate introductory psychology and statistics courses, including designing lesson plans and creating quiz questions.

CONSULTING EXPERIENCE:

June 2015-present **National Testing Company**
Create materials for national standardized test (confidential).

February 2015 **Everyday Happy**

Provided instruction on empathy and interpersonal skills to support staff of new online parenting supply company

January 2006 **Medical University of South Carolina**, Charleston, South Carolina
Assisted Dr. Ron Acierno with treatment development grant adapting Behavioral Activation Treatment for Depression for an elderly population with complicated bereavement.

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS:

Association of Practicing Psychologists (Board Member 2018-2020)
Maryland Psychological Association (MPA)

PEER REVIEWED PUBLICATIONS:

Rodman, S.A., Daughters, S., & Lejuez, C.W. (2009). Distress tolerance and Rational-Emotive Behavior Therapy: a new role for behavioral analogue tasks. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 27, 95-120.

Tull, M.T., **Rodman, S.A.**, & Roemer, L. (2008). Examining the fear of bodily sensations and body hypervigilance as predictors of emotion regulation difficulties among individuals with a recent history of uncued panic attacks. *Journal of Anxiety Disorders*, 22, 750-760.

Lejuez, C.W., Hopko, D. R., **Levine, S.A.**, Gholkar, R., & Collins, L. (2006). The therapeutic alliance in behavior therapy. *Psychotherapy: Theory, Research, Practice, Training*, 42, 456-468.

Levine, S.A. & Lejuez, C. W. (2005). Book review on *The Psychology of Closed Mindedness. the Behavior Therapist*, 28, 84-85.

PANEL SPEAKING

Association of Writers and Writing Programs Conference. *Compassion Fatigue: Avoiding Vicarious Traumatization in the CNF Classroom*. February 2016.

CONFERENCE PRESENTATIONS:

Levine, S.A., Tull, M.T., & Lejuez, C.W. (November, 2007). *The effects of positive and negative social support on smoking outcomes among college students*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Lejuez, C.W., Tull, M.T., **Levine, S.**, Stipelman, B., Rosenthal, D., & Schneider, J. (November, 2007). *Development and evaluation of a behavioral activation-base smoking treatment for smokers with elevated depressive symptoms*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Levine, S.A., Tull, M.T., Brown, R., Kahler, C.W., Rosenthal, D., Schneider, J., & Lejuez, C.W. (June, 2007). *Preliminary investigation of a behavioral group treatment for depressed smokers*. Poster presented at the 69th annual meeting of the College on Problems of Drug Dependence, Quebec City, Canada.

Levine, S.A., Tull, M.T., & Gratz, K.L. (March-April, 2007). *An examination of vulnerability factors for emotion dysregulation among individuals who experience uncued panic attacks*. Poster presented at the 27th annual meeting of the Anxiety Disorders Association of America, St. Louis, Missouri.

Tull, M.T., **Levine, S.A.,** & Gratz, K.L. (March-April, 2007). *An examination of the relationship between panic attacks and generalized anxiety disorder: The role of emotion dysregulation*. Poster presented at the 27th annual meeting of the Anxiety Disorders Association of America, St. Louis, Missouri.

AD-HOC REVIEWS:

International Journal of Psychiatry in Medicine (2008)

Cognitive Therapy and Research (2007)

Journal of Abnormal Psychology (2007)

Psychotherapy (2007)

Addiction (2005)

Journal of Gambling Studies (2005)

SEMINARS:

Infidelity: Tragedy or Opportunity? Presentation to the Maryland Psychological Association November 3, 2018.

How To Help Anxious Kids. Feynman School, North Bethesda, MD. January 2018.

Attachment: Why Your Husband Drives You Crazy. Moms of Multiples seminar. January 23, 2016.

How to Connect Instantly at a Bar or Party. Professionals in the City seminar. October 18, 2014, December 13, 2014.

Ways to Spice Up Your Marriage. Moms of Multiples seminar. October 20, 2014.

POPULAR PRESS:

Rodman, S. (2014). *Dr. Psych Mom*. Personal blog. <http://www.drpsychmom.com>.

Rodman, S. (2014). 7 Reasons You Should Get Married, For Real. *All Women Stalk*.
<http://funny.allwomenstalk.com/reasons-why-you-should-get-married-for-real>

Rodman, S. (2015). *Babble* contributor. <http://www.babble.com/author/srodman/>

Rodman, S. (2015). *The Big Jewel* contributor. <http://www.thebigjewel.com>

Rodman, S. (2014). Multiple articles on BluntMoms. www.bluntmoms.com.

Rodman, S. (2014). Easy Chicken Recipes That Nobody Will Believe! *Defenestration Magazine*.
www.defenestrationmag.net

Rodman, S. (2014). Open Letter To My Babysitter Whose Mother is Sick. *Hobo Pancakes*.

Rodman, S. (2014). Contributor at *Dirty and Thirty*. www.dirtyandthirty.com

Rodman, S. (2015). Contributor at *Divorced Moms*. www.divorcedmoms.com

Rodman, S. (2014). Contributor for *The Good Men Project*. www.goodmenproject.com

Rodman, S. (2014). Contributor for *Hitched Magazine*. www.hitchedmag.com

Rodman, S. (2015). Blogger for *The Huffington Post*. <http://www.huffingtonpost.com/samantha-rodman-phd/>

Rodman, S. (2014). Open Letter To My Husband's Work Wife. *Humorwriters.org*.
<http://humorwriters.org/2014/11/10/open-letter-husbands-work-wife/>

Rodman, S. (2014). Quoth the Squirrel, Nevermore. *Humorwriters.org*. humorwriters.org/2014/08/27/quoth-squirrel-nevermore/

Rodman, S. (2014). Top Ten Ways to Feel Sexy as a Mom of Small Kids. *In The Powder Room*.
inthepowderroom.com/top-ten-ways-to-feel-sexy-as-a-mom-of-small-kids

Rodman, S. (2014). Weekly expert column on JDate. <http://www.jmag.com/>

Rodman, S. (2014). Project Underblog post.

Rodman, S. (September 19, 2014). Blogging to reduce stress (because you can't drink in the morning). Guest post on *Pubslush* blog. blog.pubslush.com/blogging-to-reduce-stress-because-you-cant-drink-in-the-morning/

Rodman, S. (2014) Relationship Rules with Dr. Rodman. Weekly column on PattiKnows.com.
<http://www.pattiknows.com/>

Rodman, S. (2014). *Kveller* contributor. www.kveller.com

Rodman, S. (2014). *Lifhack* contributor. <http://www.lifhack.org/articles/author/samantha-rodman>.

Rodman, S. (2014). *Mamapedia* contributor. www.mamapedia.com

Rodman, S. (October 16, 2014). Consider Not Doing This. *Maryland Psychological Association InPSYtes* blog.
<http://www.marylandpsychology.org/public/blog.cfm>

Rodman, S. (2014). *Modern Mom* contributor. <http://www.modernmom.com>.

Rodman, S. (2014). *Moms Magazine* contributor. <http://www.momsmagazine.com>.

Rodman, S. (2014). Dear Dr. Psych Mom, I'm Almost a Parent Myself, and My Parents Are Smothering Me. *The New York Times*. <http://parenting.blogs.nytimes.com/2014/11/14/dear-dr-psych-mom-im-almost-a-parent-myself-and-my-parents-are-smothering-me/>

Rodman, S. (2014). Multiple articles for *PsychCentral*.
<http://psychcentral.com/search/?Match=1&Terms=samantha+rodman&x=0&y=0>

Rodman, S. (2015). *Scary Mommy* contributor. www.scarymommy.com/author/samantha-rodman/

Rodman, S. (2014). SheKnows expert contributor. www.sheknows.com

Rodman, S. (2014). Singles Warehouse UK Expert. www.singleswarehouse.co.uk

Rodman, S. (2014). *SmartMom* blog contributor. <http://www.smartmom.co/blog>

Rodman, S. (2014). *The SW Experts* contributor. <http://www.theswexperts.com>

Rodman, S. (2014). *Thought Catalog* contributor. <http://www.thoughtcatalog.com>

Rodman, S. (2014). Voiceboks contributor. www.voiceboks.com

Rodman, S. (2014, October 14.) Multiple articles and video starting in August 2014. *Washington Post On Parenting*.

Rodman, S. (2014, September 4.) I'm just not that into toddlers, including my own. *Washington Post Opinions*.
www.washingtonpost.com/opinions/im-just-not-that-into-my-kids/2014/09/04/72d252bc-1c22-11e4-82f9-2cd6fa8da5c4_story.html

Rodman, S. (2014, September 5.) How to tell if your one year old will have an unhappy marriage. *Washington Post posteverything*. <http://www.washingtonpost.com/posteverything/wp/2014/09/05/how-to-tell-if-your-one-year-old-will-have-an-unhappy-marriage/>

BOOKS:

Rodman, S. (2015). *How to Talk to Your Kids About Your Divorce*. Avon, MA: Adams Media.

Rodman, S. (2016). *52 Emails To Transform Your Marriage*. New Harbinger.

RADIO/TELEVISION INTERVIEWS:

Rodman, S. (2014, July 21). Appearance on *HuffPost Live*. <http://live.huffingtonpost.com/r/highlight/what-vacation-looks-like-before-and-after-kids/53cd530478c90a63fe00023d>

Rodman, S. (2014, August 19). Appearance on *HuffPost Live*. <http://live.huffingtonpost.com/r/highlight/psychologist-dispels-top-sex-myths-for-women/53f38f12fe344478cf00010e>

Rodman, S. (2014, September 11.) Appearance on the Simi Sara Show on News Talk AM980 CKNW. Discussing attachment theory and Washington Post posteverything article from September 5, 2014.

<https://soundcloud.com/cknwnewstalk980/the-simi-sara-show-thurs-sep-2>

Rodman, S. (2014, August 26.) Appearance on *Play With Me on Playboy Radio*.

<http://podcast.playboyradio.com/program?action=viewProgram&programID=332>

Rodman, S. (2014, November 10). Washington Post TV. How to make mom friends.

http://www.washingtonpost.com/posttv/entertainment/tips-for-making-friends--on-parenting/2014/11/10/e1a0c000-66ca-11e4-ab86-46000e1d0035_video.html

All of Dr. Rodman's 2015 appearances, including Nightline, the Today Show, and the Jim Richards Show, can be found here: <http://www.drpsychmom.com/featured/>